



SBRC Lap Pool

August 29- September 4th

Pool schedule is subject to change. Please read the bottom of the schedule for anticipated changes.

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday					
6:00am	Lap Swim 6:00-1:30	Lap Swim 6:00-12:30	Lap Swim 6:00-1:30	Lap Swim 6:00-12:30	Lap Swim 6:00-1:30							
6:30am												
7:00am												
7:30am												
8:00am												
8:30am												
9:00am						Lap Swim 8:00-1:30	Lap Swim 8:00-1:30					
9:30am												
10:00am												
10:30am												
11:00am												
11:30am												
12:00pm												
12:30pm		3 lanes open 12:30-1:30 H ₂ O Fitness		3 lanes open 12:30-1:30 H ₂ O Fitness								
1:00pm												
1:30pm	2 lanes open Open Swim w/ Diving Board! 1:30-3:30	2 lanes open Open Swim w/ Diving Board! 1:30-3:30	2 lanes open Open Swim w/ Diving Board! 1:30-3:30	2 lanes open Open Swim w/ Diving Board! 1:30-3:30								
2:00pm												
2:30pm												
3:00pm												
3:30pm	Lap Swim 3:30-5:15		Lap Swim 3:30-5:15									
4:00pm												
4:30pm	2 lanes open 5:15-8:00 Synchro	Lap Swim 3:30-8:00	2 lanes open 5:15-8:00 Synchro	Lap Swim 3:30-8:00				Lap Swim 3:30-6:30				
5:00pm												
5:30pm												
6:00pm												
6:30pm												
7:00pm												
7:30pm												

Facility Closed on Labor Day, Monday September 5th
SBRC Fall Hours begin Tuesday, September 6th